



## FE Block Annual Sports Meet, 2024 List of Groups & Events & Rules



| Group              | Age Classification    | Distance | Sl.# | Events    | Sl.# | Events                    |
|--------------------|-----------------------|----------|------|-----------|------|---------------------------|
| <b>I N F A N T</b> |                       |          |      |           |      |                           |
| Infant             | Children Upto 5 Years | 25 Mts   | 1    | Flat Race | 2    | Obstacle Race *1 (Tunnel) |

### F E M A L E

| Group | Age Classification          | Distance | Sl.# | Events                          | Sl.# | Events                        |
|-------|-----------------------------|----------|------|---------------------------------|------|-------------------------------|
| G1    | Girls from 5+ to 8 years    | 50 Mts   | 3    | Flat Race                       | 4    | Spoon Race                    |
| G2    | Girls from 8+ to 11 years   | 75 Mts   | 5    | Flat Race                       | 6    | Obstacle*2 (Sack-Tunnel-Sack) |
| G3    | Girls from 11+ to 14 years  | 75 Mts   | 7    | Flat Race                       | 8    | Obstacle*2 (Sack-Tunnel-Sack) |
| G4    | Girls from 14+ to 17 years  | 75 Mts   | 9    | Flat Race                       | 10   | Skipping Race*3               |
| W1    | Ladies from 17+ to 25 years | 75 Mts   | 11   | Flat Race                       | 12   | Spoon Race                    |
| W2    | Ladies from 25+ to 35 years | 75 Mts   | 13   | Obstacle Race*5 (Biscuit)       | 14   | Mixed Balance Race*4          |
| W3    | Ladies from 35+ to 45 years | 75 Mts   | 15   | Obstacle Race*6 (Brinjal/Apple) | 16   | Mixed Balance Race*4          |
| W4    | Ladies from 45+ to 55 years | 50 Mts   | 17   | Obstacle Race*6 (Brinjal/Apple) | 18   | Mixed Balance Race*4          |
| W5    | Ladies above 55 years       | 50 Mts   | 19   | Matka Balance                   | 20   | Hit-the-Target                |

### M A L E

| Group | Age Classification        | Distance  | Sl.# | Events       | Sl.#  | Events                             |
|-------|---------------------------|-----------|------|--------------|-------|------------------------------------|
| B1    | Boys from 5+ to 8 years   | 50 Mts    | 21   | Flat Race    | 22    | Obstacle Race*2 (Sack-Tunnel-Sack) |
| B2    | Boys from 8+ to 11 years  | 75 Mts    | 23   | Flat Race    | 24    | Sack Race *7                       |
| B3    | Boys from 11+ to 14 years | 75 Mts    | 25   | Flat Race    | 26    | Obstacle Race*2 (Sack-Tunnel-Sack) |
| B4    | Boys from 14+ to 17 years | 100 Mts   | 27   | Flat Race    | 28    | Shot Put                           |
| M1    | Men from 17+ to 25 years  | 100 Mts   | 29   | Flat Race    | 30    | Shot Put                           |
| M2    | Men from 25+ to 33years   | 100 Mts   | 31   | Flat Race    | 32    | Shot Put                           |
| M3    | Men from 33+ to 41 years  | 100 Mts   | 33   | Flat Race    | 34    | Shot Put                           |
| M4    | Men from 41+ to 50 years  | 100 Mts   | 35   | Flat Race    | 36    | Shot Put                           |
| M5    | Men from 50+ to 60 years  | 75mt Race | 37   | Shot Put     | 38-39 | Shot Put & Hit-the-Target          |
| M6    | Men from 60+ to 70 years  | 75 Mts    | 40   | Walking Race | 41    | Hit-the-Target                     |
| M7    | Men above 70 years        | 75 Mts    | 42   | Walking Race | 43    | Hit-the-Target                     |

#### Domestic Helps, Servants, etc.

|      |         |        |           |    |      |        |    |                  |
|------|---------|--------|-----------|----|------|--------|----|------------------|
| DH-M | M a l e | 75 Mts | Flat Race | 44 | DH-F | Female | 45 | 50 Mts Flat Race |
|------|---------|--------|-----------|----|------|--------|----|------------------|

| RELAY RACE                 |                      |                      | ⇐ 46 | ⇒ | 47 | ⇒ | 3-Legged Race for W2+W3+W4 *8 combine                         |
|----------------------------|----------------------|----------------------|------|---|----|---|---|
| Team A                     | Team B               | Team C               | ⇐ 46 | ⇒ | 47 | ⇒ | 3-Legged Race for W2+W3+W4 *8 combine                         |
| <b>B4 – 1<sup>ST</sup></b> | B4 – 2 <sup>nd</sup> | M1 – 1 <sup>st</sup> |      | ⇒ | 48 | ⇒ | MUSICAL CHAIR (Married Women or Unmarried Women Above 30 yrs) |
| <b>M1 – 2<sup>ND</sup></b> | M1 – 3 <sup>rd</sup> | M3 – 1 <sup>st</sup> |      | ⇒ | 49 | ⇒ | 3 Legged Race for Girls of Group G2, G3, G4 Combine *8        |
| <b>M2 – 3<sup>rd</sup></b> | M2 – 1 <sup>ST</sup> | M2 – 2 <sup>nd</sup> |      | ⇒ | 50 | ⇒ | Special Event for Married Couples                             |

**Example of Age Category: 5+ to 8yrs means, one who has completed 5yrs + 1 or more days but not completed 8yrs.  
If any event is to be modified, decision of organising committee will be final**

## Description of Some of The Above Events

- \*1 **Obstacle Tunnel Race** : Participant has to run some distance, then crawl through a Tunnel and reach the finishing line
- \*2 **Obstacle Sack-Tunnel-Sack Race** : Participant has to get into a sack, run some distance, then come out of the sack, crawl through a Tunnel and then wear a 2 ends open sack from head and take it out through legs and run to the finishing line.
- \*3 **Skipping Race** : Participant has to pass the skipping rope with each step they run. Bring your own skipping rope.
- \*4 **Mixed Balance Race** : Participant has to balance Matka (earthen pot) on head and move for some distance, then remove and put down the Matka on chair kept on the track and run the balance distance.
- \*5 **Obstacle Eat The Biscuit Race** : Participant has to run some distance, then eat all the Biscuits kept in a tray on chair by mouth with both hands at the back, and run the remaining distance.
- \*6 **Obstacle Lift The Brinjal/Apple Race** : Participant has to run some distance, then lift a Brinjal/Apple floating in a tumbler filled with water, by mouth, with both hands at the back, and run the remaining distance with brinjal/apple in mouth.
- \*7 **Sack Race** : Participant has to put their both legs into a one side closed Sack and run/hopp the distance by holding the open end of the sack by both hands.
- \*8 **Three Legged Race** : 2 Participants have to tie one of their adjoining legs together with the help of rope/dupatta (bring your own) and run with basically 3 legs. It sounds difficult but is not so.

**We will take care of all hygiene issues involved with any event.  
First-Aid facility will be available on the Ground**



# SALT LAKE FE-BLOCK RESIDENTS' ASSOCIATION

## Circular Annual Sports, 2024

No. SLFEBRA/2023-25/22

16th January, 2024

Our **Annual Sports** will be held on **21st January 2024**, at **FE PARK & PLAY GROUND** from **10 am onwards**.

Details of Groups and Group-wise events are given on the reverse of this circular. By default, you are registered for all the events of your age group. First three winners of each event will be given attractive Prizes and Medals.

**A resident of the Block and/or any member of his/her family can participate. A non-resident family member can participate but a non-resident FRIEND Cannot participate.**

**Domestic helps, drivers, etc, or persons living in garages of houses or from shops are not entitled to participate in the general events.** There are separate events for such category of people for both male and female. They need not register online or through manual form. They can come and register on the field itself on the day of the sports.

Anyone not meeting the above criteria is found to have participated in any event, will be disqualified even if he/she has won a prize.

**You need to register yourself online before 20th January midnight. Those who have registered online in the past may get SMS on their registered mobile no. with the link to register. You click on the link, and you will get to the registration page and all the names of participants registered by you will be shown. Click Register button against the name, see the details, press the Submit button. And that's it. You will be notified of the registration along with Group, on the screen itself. In case you do not get registration link sms, login to our portal [www.saltlakefeblock.in](http://www.saltlakefeblock.in) to register.**

For participants of Infant, B1, B2, G1, G2 age group, you need to carry age proof digital or hardcopy.

**For any help regarding registration, especially very old persons who cannot do online registration can call Sports Help Desk on 98300 42406. Download detail sports circular from Download section of FE App or our portal [www.saltlakefeblock.in](http://www.saltlakefeblock.in)**

**A Lucky Draw will be held towards the end of the Sports Meet where Six Prizes are to be won. To qualify for the Lucky Draw Prizes:**

- 1. Online registration should be done by 0000 hrs (midnight) of 20th January. Or,**
- 2. One has to participate in at least any one of the Group Events. And,**
- 3. The participant must be present at the time of Lucky Draw to claim the Prize. Under no circumstances it will be handed over to any representative of the prize winner.**

**NOTE : Participants who register themselves on the day of the sports (22nd Jan) will also be entitled to last three (4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup>) Lucky draw prizes provided clause 3 & 4 above are fulfilled.**

Breakfast (till 11am) and light lunch will be provided to the participants and organisers on the playground.

Copy to: all Members/ Residents,

Sd/-Dr Utpal Sadhu

For any queries regarding sports you may contact:

: Secretary

**Sports HELP DESK : 98300 42406**

**Sri. Arup Chattaraj, FE-513 ; 98744 53222 (Convenor)**

**Sri. Pankaj Kapoor, FE-437; 99030 91106 (JC)**

**Registration Begins 17<sup>th</sup> Jan, Hurry, Entry Closes 20th January 12 midnight**

If you do not receive registration sms on your mobile, logon to [www.saltlakefeblock.in](http://www.saltlakefeblock.in) to register yourself